



January 2019 Workshops

City Centre Alberta Supports Centre, 2nd floor, 10242 105 Street

Resumes & Cover Letters (1 Day) 9am-4pm	Jan 11 or Jan 16 or Jan 29
Interviews (1 Day) 9am-4pm	Jan 17 or Jan 30
Work Search (1 Day) 9am-4pm	Jan 18 or Jan 31
Money \$marts: Intro to Financial Literacy (1 Day) 9am-4pm	Jan 14
Strategies for Employment Success (1 Day) 9am-4pm	Jan 15
Modern Job Search for Mature Workers (1 Day) 9am-4pm	Jan 22
Career Planning (3 Days) 9am-4pm	Jan 8-10 or Jan 23-25

Argyll Alberta Supports Centre 6325 Gateway Boulevard - Free Parking

Resumes & Cover Letters (1 Day) 9am-4pm	Jan 7 or Jan 22
Interviews (1 Day) 9am-4pm	Jan 8 or Jan 23
Work Search (1 Day) 9am-4pm	Jan 9 or Jan 24
Challenge to Change (1 Day) 9am-4pm	Jan 18
Transferable Skills (1 Day) 9am-4pm	Jan 10
Career Planning (3 Days) 9am-4pm	Jan 15-17 or Jan 29-31

Edmonton Food Bank (The Annex) 11434-120 Street

Resumes & Cover Letters (1 Day) 9am-4pm	Jan 29
Money \$marts: Intro to Financial Literacy (1 Day) 9am-4pm	Jan 31



The Employment Edge

- ◆ City Centre Alberta Supports: Jan 16-18 or Jan 29-31
- ◆ Argyll Alberta Supports: Jan 7-9 or Jan 22-24
- ◆ Northgate Alberta Supports: Jan 9-11 or Jan 23-25
- ◆ Meadowlark Alberta Supports: Jan 15-17 or Jan 30-Feb1

MODERN JOB SEARCH FOR MATURE WORKERS

- Explore myths & stereotypes of older workers
- Tips to avoid having your resume screened out
- Persuasive interview techniques

TRANSFERABLE SKILLS

- Identify your skills & learn what employers look for
- Explore the assets you have to offer employers
- Brainstorm alternative occupational choices



January 2019 Workshops

Northgate Alberta Supports Centre, 2050, 9499 137 Avenue Second Floor

Resumes & Cover Letters (1 Day) 9am-4pm	Jan 9 or Jan 23
Interviews (1 Day) 9am-4pm	Jan 10 or Jan 24
Work Search (1 Day) 9am-4pm	Jan 11 or Jan 25
Challenge to Change (1 Day) 9am-4pm	Jan 29
Arghh!... Understanding and Managing Conflict (1 Day) 9am-4pm	Jan 15
Transferable Skills (1 Day) 9am-4pm	Jan 22
Money \$marts: Intro to Financial Literacy (1 Day) 9am-4pm	Jan 30
Financial Literacy: The Ins & Outs of Debt & Credit (1 Day) 9am-4pm	Jan 31
Modern Job Search for Mature Workers (1 Day) 9am-4pm	Jan 8
Career Planning (3 Days) 9am-4pm	Jan 16-18

Meadowlark Alberta Supports Centre, Meadowlark Mall, 15710 87 Ave Free Parking

Resumes & Cover Letters (1 Day) 9am-4pm	Jan 3 or Jan 15 or Jan 30
Interviews (1 Day) 9am-4pm	Jan 4 or Jan 16 or Jan 31
Work Search (1 Day) 9am-4pm	Jan 17
Arghh!... Understanding and Managing Conflict (1 Day) 9am-4pm	Jan 29
Career Planning (3 Days) 9am-4pm	Jan 9-11 or Jan 22-24

St. Albert Public Library, 5 St Anne Street, Free Parking

Resumes & Cover Letters (1 Day) 9:30am-4:30pm	Jan 5
Modern Job Search for Mature Workers (1 Day) 9:30am-4:30pm	Jan 19

Sherwood Park– Baseline Village Library, 100 Broadview Drive

Modern Job Search for Mature Workers (1 Day) 10am-4pm	Jan 26
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BGS, 310 10665 Jasper Ave

Intro to Computers (1 Day) 9am-4pm	Jan 7 or Jan 25
Online/Social Media Job Search (1 Day) 9am-4pm	Jan 18
Edmonton Labour Market Overview (ELMO) (Half Day) 9am-noon	Jan 31
Self Employment: Risks, Rewards & Realities (1 Day) 9am-4pm	Jan 30



200, 10665 Jasper Ave
780.244.5522

Need Help Finding a Job?
BGS Offers Two NEW Services!
Designed to Help you Reach
Your Employment Goals!

  BGS Career and Corporate Development
Twitter: @BGSconnects



102, 10665 Jasper Ave
780.244.7755